

# Energy Medicine & Hormones!

**With Paula Anderson**

Certified Acupuncturist  
Eden Energy Medicine Practitioner

**Saturday, January 28th<sup>th</sup> ~ 10:00 am to 4:30 pm**

**Location: Office of Dr. Nikki Conte  
615 Mountain Blvd., Watchung, NJ 07069**

**\$75 (\$55 for repeat students)**

*"Energy Medicine is the oldest, safest, most accessible, affordable medicine there is"* Donna Eden

In this special combination workshop, you will learn easy techniques that tap into your innate abilities to experience health and wellness at an elevated, more resilient level. Experience the revitalizing abilities of energy medicine to keep your energies and hormones balanced!

In the morning, we will cover the Daily Energy Routine, which gives you powerful tools to keep your basic energy systems primed, and creating new "energy habits". In the afternoon, specific techniques for strengthening and balancing hormones will be covered, as well as releasing emotions such as anxiety and frustration/depression. There will be plenty of time for addressing your questions and concerns.

Acupuncturist Paula Anderson offers her years of energy expertise to show you how to combine ancient Eastern wisdom with the insightful mastery of energy medicine. Paula is a Certified Practitioner in Eden Energy Medicine, having studied with Donna Eden, author of *Energy Medicine*, and *Energy Medicine for Women*, on which this workshop is based.

For more information, call: 856-222-9444, or email: [info@acuhealthcntr.com](mailto:info@acuhealthcntr.com)

## Registration Information

Register and pay by Phone: 856-222-9444 or Fax: 856-222-1650, via Credit Card (Master, Visa, Discover only) or mail check to: Acu-Health Center, Attn: Energy Medicine Class, 100 W. Camden Ave. Moorestown, NJ 08057

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Name: \_\_\_\_\_ Email: \_\_\_\_\_

Phone: \_\_\_\_\_ Work/Cell: \_\_\_\_\_

Paying by  check  credit card  cash