

Building Better Immunity with Energy Medicine!

Saturday, January 14, 2012 9 am - Noon

Learn new techniques to help you keep your immune system strong! We'll review Donna Eden's Daily Energy Routine as well as special ways to strengthen your immune system. No prior experience necessary. Cost: \$25.

Opening Your Heart with Energy Medicine!

Saturday, February 11, 2012 9 am - Noon

Our Heart and the Heart Chakra area are how we connect and communicate with others. Learn techniques to help clear blocks that prevent you from experiencing and giving the love you want. No prior experience necessary. Cost: \$25.

For more information or to RSVP:

email: info@acuhealthcntr.com

or

call 856-222-9444

Paula Anderson, Acupuncturist offers her years of energy expertise to show you how to combine ancient Eastern wisdom with the insightful mastery of energy medicine. Paula is a Certified Practitioner in Eden Energy Medicine, having studied with Donna Eden, author of *Energy Medicine*, and *Energy Medicine for Women*.

Eden Energy Medicine Classes

Acu-Health Center

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